Pride in your community
Lions Clubs International
British Isles

Message in a Bottle
It could help save your life

The Lions Message in a Bottle is a simple but effective way for you to keep your emergency medical and contact details where they can be found easily and quickly by the responding services - in the fridge.

In the event that the emergency services are called to your home they are trained to look for two stickers (one on the inside of your front door and the other on your fridge) which will alert them to the bottle and its possibly life saving content.
What is the Herbert Protocol?

The Herbert Protocol is a national scheme available through Leicestershire Police and other agencies which encourages carers to compile useful information which could be used in the event of a vulnerable person going missing.

Carers, family members and friends can complete in advance, a form recording all vital details, such as medication required, mobile numbers, places previously located, a photograph etc. In the event of a friend, family member or neighbour going missing, the form can be easily sent or handed to the police to reduce the time taken in gathering this information.

Who knows about the bottle?

The scheme is supported by all the emergency services, all of whom are trained to look for the green stickers in your home.

Medic Alert

If you wear any of the Alert products you should continue to do so. The Message in a Bottle is not intended to replace these items.

Your local Lions Club can supply details of Medic Alert items that will assist the emergency services when you are away from home.

leics.police.uk/dementia